

James W. Pennebaker

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Education

1973-1977 University of Texas, Austin, Texas, Ph.D. in psychology
1970-1972 Eckerd College, St. Petersburg, Florida, B.A. with honors
1968-1970 University of Arizona, Tucson, Arizona

Positions

2005-present Chair, Department of Psychology, University of Texas at Austin
2005-present International Professor of Psychology, University of Central Lancashire, UK
2004-2005 Associate Chair, Department of Psychology
1997-present Professor of Psychology, University of Texas, Austin
1995-1997 Chair, Department of Psychology, Southern Methodist University
1987-1997 Professor of Psychology, Southern Methodist University
1983-1987 Associate Professor, Department of Psychology, Southern Methodist University
1982-1983 Polygraph unit instructor, Federal Bureau of Investigation, Quantico, Virginia
1977-1983 Assistant Professor, Department of Psychology, University of Virginia,
Charlottesville, Virginia

Honors

2008 James Bradac Memorial Lecturer, UC-Santa Barbara
2008 Dads' Association Centennial Teaching Fellowship
2007 Raymond Dickson Centennial Endowed Teaching Fellowship Award
2006-present ISI HighlyCited.com selection for being among the most cited researchers in
Psychology/Psychiatry
2005-present B. P. Bush Regents Professor of Liberal Arts
2004 Hero of Midland, Texas, sponsored by the Midland Independent School District
2003 Blair Justice Inaugural Lecturer Award, University of Texas School of Public Health
2002 Outstanding Contributions to Health Psychology (APA Division 38)
2002 Brittingham Visiting Scholar, University of Wisconsin
2001 Alpha Lambda Delta/Phi Eta Sigma Outstanding Professor Award
2000 President's Associates Teaching Award, University of Texas
1998 Visiting Professor, Department of Psychology, University of Bari, Italy
1995 Pavlovian Investigator Award, The Pavlovian Society
1993 D.H.C. (Docteur Honoris Causa -- honorary doctorate degree), Catholic University of
Louvain, Louvain-La-Neuve, Belgium.
1990 Visiting Professor, Division of Medical Psychology, University of Ulm, Germany
1989 Outstanding Researcher Award, Sigma Xi, Southern Methodist University

1989 Hilgard Visiting Professor, Department of Psychology, Stanford University

Research Grants

2008-2009 Homeland Security (START), Language of political leaders
 2008-2009 Sandia National Labs, Language analysis of a working group
 2008-2009 U.S. Army, Writing among Army couples after deployment
 2007-2010 Army Research Institute, Language and social dynamics
 2007-2008 DOD and CIFA, Viewing text through English and Arabic eyes
 2005-2007 NSF workshop on language and deception
 2005-2006 U.S. Army, Timing of expressive writing to maximize coping
 2004-2007 Binational Science Foundation, Math models of language and personality (coPI)
 2000-2007 NIMH Grant, Interpersonal disclosure processes and health
 1996-2000 NIMH Grant, Interpersonal disclosure processes and health
 1994-1997 NSF Grant, Disclosure, language, and health
 1991-1994 NSF Grant, Cognition, disclosure and health
 1989-1991 NSF grant, The psychological consequences of the 1989 California earthquake
 1987-1989 NSF grant, Inhibition, disclosing, and health
 1984-1987 NIH grant, Perception of physical symptoms and blood pressure
 1981-1984 NIH grant, Symptoms and blood glucose: Evaluation and utilization, with D.J. Cox
 1980-1981 NSF grant, Psychological impact of Mt. St. Helens Volcano, with Darren Newtonson
 1977-1978 NIH Biomedical Support Grant, University of Virginia

Teaching Experience

Undergraduate Introductory Psychology, Health Psychology, Methodology, Social Psychology, Social Psychology of Religion, Social and Political Institutions (1854-present)
 Graduate Language and Personality, Social Psychology of Language, Stress and Psychosomatics, Methodology, Social Psychology, Eating Behavior and Disorders, Social Physics, Words and Social Processes

Ongoing Research Projects

1. Most of my current research deals with the nature of language and social processes. How do the words we use reflect our underlying feelings, thoughts, personality, and behavioral tendencies? In answering this question, we have developed a text analysis program, LIWC, that has allowed us to analyze language use on a word-by-word level for any text – whether a book, poem, song, webpage, or natural conversation. We are finding that the “junk words” people use – articles, pronouns, prepositions – are powerful markers of their linguistic styles and these styles are often linked to other aspects of their lives.

2. I am continuing some of my earlier work with disclosure, inhibition, and psychosomatic disease. The goal of the project is to develop and test the idea that failure to confide a traumatic experience is associated with physiological stress. The stress of not confiding (i.e., inhibition) is exacerbated by increased ruminations about the event. The cumulative effects of inhibition and rumination increase the probability of disease over time. Requiring individuals to confide or disclose upsetting experiences reduces specific autonomic levels and, over time, disease rates. Recent work focuses on how translating emotional experiences into language affects how people naturally interact with others.

3. A longstanding interest of mine has been to understand how individuals perceive physical symptoms, moods, and physiological change. Studies deal with the relative contributions of internal physiological activity compared with situational cues in influencing individuals' self-reports and more objective indicators of physical symptoms, emotions, and behaviors. Recent work deals with sex differences in the perceptions of internal versus external information.

Publications

Books

- Colligan, M., Pennebaker, J.W. & Murphy L. (Eds.) (1982). *Mass Psychogenic Illness: A Social Psychological Perspective*. Hillsdale, NJ: Erlbaum.
- Domínguez Trejo, B., Pennebaker, J.W., & Olivera López (2008). *Estrés Postraumático (EPT)*. Mexico City: Trillas.
- Paez, D., Valencia, J.F., Pennebaker, J.W., Rimé, B., & Jodelet, D. (Eds.) (1998). *Memorias Colectivas de Procesos Culturales y Políticos*. San Sabastian, Spain: Universidad del Pais Vasco Servicio Editorial.
- Pennebaker, J.W. (1982). *The Psychology of Physical Symptoms*. New York: Springer-Verlag.
- Pennebaker, J.W. (1990). *Opening Up: The Healing Powers of Confiding in Others*. New York: William Morrow.
- Pennebaker, J.W. (1997). *Opening Up: The Healing Power of Expressing Emotions* (Revised edition). New York: Guilford Press. (Translations in German, Spanish, Korean, Japanese, Indonesian, Hungarian, and Polish).
- Pennebaker, J.W. (Ed.) (1995). *Emotion, Disclosure, and Health*. Washington, DC: American Psychological Association.
- Pennebaker, J.W. (2004). *Writing to heal: A guided journal for recovering from trauma and emotional upheaval*. Oakland, CA: New Harbinger Press.
- Pennebaker, J.W., Paez, D., & Rimé, B. (Eds.) (1997). *Collective Memories of Political Events: Social Psychological Perspectives*. Hillsdale, NJ: Erlbaum.
- Traue, H. & Pennebaker, J.W. (Eds.) (1993). *Emotion, Inhibition, and Health*. Seattle: Hogrefe & Huber Publishers.
- Wegner, D.M. & Pennebaker, J.W. (Eds.) (1993). *Handbook of Mental Control*. Englewood Cliffs, NJ: Prentice-Hall.

Software

- Pennebaker, J.W., Booth, R.J., & Francis, M.E. (2007). *Linguistic Inquiry and Word Count: LIWC 2007*. Austin, TX: LIWC (www.liwc.net).
- Pennebaker, J.W., Francis, M.E., & Booth, R.J. (2001). *Linguistic Inquiry and Word Count: LIWC 2001*. Mahwah, NJ: Erlbaum Publishers (www.erlbaum.com).
- Pennebaker, J.W., & Francis, M.E. (1999). *Linguistic Inquiry and Word Count: LIWC*. Erlbaum Publishers.

Journal Articles and Book Chapters

- Gonzales, A.L., Hancock, J.T., & Pennebaker, J.W. (in press). Language indicators of social dynamics in small groups. *Communications Research*.
- Skelton, J.A., & Pennebaker, J.W. (in press). Visceral perception. In B. Goldstein (Ed.), *Sage Encyclopedia of Perception*. Thousand Oaks, CA: Sage.
- Argamon, S., Koppel, M., Pennebaker, J.W., & Schler, J. (in press). Automatically profiling the author of an anonymous text. *Communications of the Association for Computing Machinery (CACM)*.
- Ramirez-Esparza, N., Mehl, M.R., & Pennebaker, J.W. (2009). Are Mexicans More or Less Sociable than Americans? Insights from a Naturalistic Observational Study. *Journal of Research in Personality, 43*, 1-7.
- Fernandez, I., Paez, D., & Pennebaker, J.W. (2009). Comparison of expressive writing after the terrorist attacks of September 11th and March 11th. *International Journal of Clinical and Health Psychology, 9*, 89-103.
- Slatcher, R.B., Vazire, S., & Pennebaker, J.W. (2008). Am “I” more important than “we”? Couples’ word use in instant message. *Personal Relationships, 15*, 407-424.
- Pennebaker, J.W., & Ireland, M. (2008). Analyzing words to understand literature. In J. Auracher and W. van Peer (Eds.), *New beginnings in literary studies* (pp24-48). Newcastle, UK: Cambridge Scholars Publishing.
- Pennebaker, J.W., & Chung, C.K. (2008). Computerized text analysis of Al-Qaeda transcripts. In K. Krippendorff & M.A. Bock (Eds.), *A content analysis reader* (pp 453-465). Thousand Oaks, CA: Sage.
- Petrie, K.J., Pennebaker, J.W., & Sivertsen, B. (2008). Things we said today: A linguistic analysis of the Beatles. *Psychology of Aesthetics, Creativity, and the Arts, 2*, 197-202.
- Ramirez-Esparza, N., Gosling, S.D., & Pennebaker, J.W. (2008). Paradox lost: Unraveling the puzzle of *simpatía*. *Journal of Cross Cultural Psychology, 39*, 703-715.
- Chung, C.K., & Pennebaker, J.W. (2008). Variations in spacing of expressive writing sessions. *British Journal of Health Psychology, 13*, 15-21.
- Smyth, J., Hockemeyer, J., Heron, K., Wonderlich, S., & Pennebaker, J. (2008). Prevalence, type, disclosure, and severity of trauma and adverse events in college students. *Journal of American College Health, 57*, 69-76.
- Pennebaker, J.W. (2008). Forward. In Australian Centre for Grief and Bereavement (Ed.), *Rememberings: A collection of poetry and prose submitted by bereaved people*. Vol.1 (page 3). Australian Centre for Grief and Bereavement Inc: Victoria, Australia.
- Pennebaker, J.W. (2008). Choice words: How we talk when we talk about politics. *Texas Observer, 100* (May 30, 2008), 27-28.
- Smyth, J.M., & Pennebaker, J.W. (2008). Exploring the boundary conditions of expressive writing: Finding the right recipe. *British Journal of Health Psychology, 13*, 1-7.
- Newman, M.L., Groom, C.J., Handelman, L.D., & Pennebaker, J.W. (2008). Gender differences in language use: An analysis of 14,000 text samples. *Discourse Processes, 45*, 211-246.

- Pennebaker, J.W., & Gonzales, A. (2008). Making history: Social and psychological processes underlying collective memory. In J.V. Wertsch and P. Boyer (Eds.), *Collective memory* (pp. 110-129). New York: Cambridge University Press.
- Wolf, M., Horn, A.B., Mehl, M.R., Haug, S., Pennebaker, J. W., & Kordy, H. (2008). Computergestützte quantitative Textanalyse: Äquivalenz und Robustheit der deutschen Version des Linguistic Inquiry and Word Count [Computer-aided quantitative text analysis: Equivalence and robustness of the German adaption of the Linguistic Inquiry and Word Count]. *Diagnostica*, 54, 85-98.
- Pennebaker, J.W., Chung, C.K., Ireland, M., Gonzales, A., & Booth, R.J. (2007). *The development and psychometric properties of LIWC2007*. [Software manual]. Austin, TX: LIWC.net
- Chung, C.K., & Pennebaker, J.W. (2007). Revealing people's thinking in natural language: Using an automated meaning extraction method in open-ended self-descriptions. *Journal of Research in Personality*.
- Argamon, S., Koppel, M., Pennebaker, J.W., & Schler, J. (2007). Mining the blogosphere: Age, gender and the varieties of self-expression. *First Monday*, 12 (Peer-reviewed journal on the internet) http://firstmonday.org/issues/issue12_9/argamon/index.html
- Mehl, M.R., Vazire, S., Ramirez-Esparza, N., Slatcher, R.B., & Pennebaker, J.W. (2007). Are women really more talkative than men? *Science*, 317, 82.
- Ramirez-Esparza, N., Pennebaker, J.W., Garcia, F.A., & Suria, R. (2007). La psicología del uso de las palabras: Un programa de computadora que analiza textos en Español (The psychology of word use: A computer program that analyzes texts in Spanish). *Revista Mexicana de Psicología*, 24, 85-99.
- Slatcher, R.B., Chung, C.K., Pennebaker, J.W., & Stone, L.D. (2007). Winning words: Individual differences in linguistic style among U.S. presidential and vice presidential candidates. *Journal of Research in Personality*, 41, 63-75.
- Ames, S.C., Patten, C.A., Werch, C.E., Schroeder, D.R., Stevens, S.R., Fredrickson, P.A., Echols, J.D., Pennebaker, J.W., & Hurt, R.D. (2007). Expressive writing as a smoking cessation treatment adjunct for young adult smokers. *Nicotine & Tobacco Research*, 9, 185-194.
- Pennebaker, J.W., & Chung, C.K. (2007). Expressive writing, emotional upheavals, and health. In H. Friedman and R. Silver (Eds.), *Handbook of health psychology* (pp. 263-284). New York: Oxford University Press.
- Chung, C.K., & Pennebaker, J.W. (2007). The psychological functions of function words. In K. Fiedler (Ed.), *Social communication* (pp. 343-359). New York: Psychology Press.
- Zech, E., Rime, B., & Pennebaker, J.W. (2007). The effects of emotional disclosure during bereavement. In M. Hewstone, H.A.W. Schut, J.B.F. De Wit, K. Van Den Bos, & M. Stroebe (Eds.), *The scope of social psychology: Theory and applications* (pps 277-292). New York: Psychology Press.

- Kacewicz, E., Slatcher, R.B., & Pennebaker, J.W. (2007). Expressive writing: An alternative to traditional methods. In L. L'Abate (Ed.), *Low-cost approaches to promote physical and mental health* (pps 271-284). New York: Springer.
- Slatcher, R.B. & Pennebaker, J.W. (2006). How do I love thee? Let me count the words: The social effects of expressive writing. *Psychological Science, 17*, 660-664.
- Ramirez-Esparza, N., & Pennebaker, J.W. (2006). Do good stories produce good health? Exploring words, language, and culture. *Narrative Inquiry, 16*, 211-219.
- Gortner, E.M., Rude, S.S., & Pennebaker, J.W. (2006). Benefits of expressive writing in lowering rumination and depressive symptoms. *Behavior Therapy, 37*, 292-303.
- Mehl, M.R., Gosling, S.D., & Pennebaker, J.W. (2006). Personality in its natural habitat: Manifestations and implicit folk theories of personality in daily life. *Journal of Personality and Social Psychology, 90*, 862-877.
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- Lyons, E. J., Mehl, M. R., & Pennebaker, J. W. (2006). Linguistic self-presentation in anorexia: Differences between pro-anorexia and recovering anorexia internet language use. *Journal of Psychosomatic Research, 60*, 253-256.
- Ramírez-Esparza, N., Gosling, S.D., Benet-Martínez, V., Potter, J., & Pennebaker, J.W. (2006). Do bilinguals have two personalities? A special case of frame switching. *Journal of Research in Personality, 40*, 99-120.
- Pennebaker, J.W. & Chung, C.K. (2005). Tracking the social dynamics of responses to terrorism: Language, behavior, and the Internet. In S. Wessely and V.N. Krasnov (Eds.), *Psychological responses to the new terrorism: A NATO-Russia dialogue*. Amsterdam: ISO Press.
- Pennebaker, J.W., Slatcher, R.B., & Chung, C.K. (2005). Linguistic markers of psychological state through media interviews: John Kerry and John Edwards in 2004, Al Gore in 2000. *Analysis of Social and Public Policy, 5*, 1-9.
- Chung, C.K., & Pennebaker, J.W. (2005). Assessing quality of life through natural language use: Implications of computerized text analysis. In W.R. Lenderking and D.A. Revicki (eds.), *Advancing health outcomes research methods and clinical applications* (pp 79-94). Washington, DC: Degnon Associates.
- Groom, C.J., & Pennebaker, J.W. (2005). The language of love: Sex, sexual orientation, and language use in online personal advertisements. *Sex Roles, 52*, 447-461.
- Ames, S.C., Patten, C.A., Offord, K.P., Pennebaker, J.W., Croghan, I.T., Tri, D.M., Stevens, S.R., & Hurt, R.D. (2005). Expressive writing intervention for young adult cigarette smokers. *Journal of Clinical Psychology, 61*, 1555-1570
- Rude, S.S., Gortner, E.M., & Pennebaker, J.W. (2004). Language use of depressed and depression-vulnerable college students. *Cognition and Emotion, 18*, 1121-1133.
- Cohn, M.A., Mehl, M.R., & Pennebaker, J.W. (2004). Linguistic Markers of Psychological Change Surrounding September 11, 2001. *Psychological Science, 15*, 687-693.

- Pennebaker, J.W., Groom, C.J., Loew, D., & Dabbs, J. (2004). Testosterone as a social inhibitor: Two case studies of the effect of testosterone treatment on language. *Journal of Abnormal Psychology, 113*, 172-175.
- Lee, Chang H., Nam, K., & Pennebaker, J.W. (2004). Is writing as much phonological as speaking? Homophone usage across speaking and writing. *Psychologia: An International Journal of Psychology in the Orient, 47*, 1-9.
- Zijlstra, H., van Meerveld, T., van Middendorp, H., Pennebaker, J.W., & Geenen R. (2004). De Nederlandse versie van de Linguistic Inquiry and Word Count (LIWC), een gecomputeriseerd tekstanalyseprogramma [Dutch version of the Linguistic Inquiry and Word Count (LIWC), a computerized text analysis program]. *Gedrag & Gezondheid, 32*, 273-283.
- Pennebaker, J.W. (2004). Theories, therapies, and taxpayers: On the complexities of the expressive writing paradigm. *Clinical Psychology: Science and Practice, 11*, 138-142.
- Petrie, K.J., Fontanilla, I., Thomas, M.G., Booth, R.J., & Pennebaker, J.W. (2004). Effect of written emotional expression on immune function in patients with human immunodeficiency virus infection: A randomized trial. *Psychosomatic Medicine, 66*, 272-275.
- Liehr, P., Mehl, M.R., Summers, L.C., & Pennebaker, J.W. (2004). Connecting with others in the midst of a stressful upheaval on September 11, 2001. *Applied Nursing Research, 17*, 2-9.
- Pennebaker, J.W., & Stone, L.D. (2004). Translating traumatic experiences into language: Implications for child abuse and long-term health. In L.J. Koenig, L.S. Doll, A. O'Leary, and W. Pequegnat (Eds.), *From child sexual abuse to adult sexual risk: Trauma, revictimization, and intervention* (pp 201-216). Washington, DC: American Psychological Association
- Mehl, M.R., & Pennebaker, J.W. (2003). The social dynamics of a cultural upheaval: Social interactions surrounding September 11, 2001. *Psychological Science, 14*, 579-585.
- Pennebaker, J.W., Mehl, M.R., & Niederhoffer, K.G. (2003). Psychological aspects of natural language use: Our words, our selves. *Annual Review of Psychology, 54*, 547-577.
- Pennebaker, J.W., & Stone, L.D. (2003). Words of wisdom: Language use over the lifespan. *Journal of Personality and Social Psychology, 85*, 291-301.
- Mehl, M.R., & Pennebaker, J.W. (2003). The sounds of social life: A psychometric analysis of students' daily social environments and conversations. *Journal of Personality and Social Psychology, 84*, 857-870.
- Campbell, R.S. & Pennebaker, J.W. (2003). The secret life of pronouns: Flexibility in writing style and physical health. *Psychological Science, 14*, 60-65.
- Newman, M.L., Pennebaker, J.W., Berry, D.S., & Richards, J.M. (2003). Lying words: Predicting deception from linguistic styles. *Personality and Social Psychology Bulletin, 29*, 665-675.
- Heberlein, A.S., Adolphs, R., Pennebaker, J.W., & Tranel, D. (2003). Effects of damage to right-hemisphere brain structures on spontaneous emotional and social judgments. *Political Psychology, 24*, 705-726.
- Pennebaker, J.W. (2003). The social, linguistic, and health consequences of emotional disclosure. In J. Suls and K.A. Wallston (Eds.), *Social psychological foundations of health and illness* (pp 288-313). Malden, MA: Blackwell Publishing.

- Groom, C.J., & Pennebaker, J.W. (2003). Words. *Journal of Research in Personality*, 36, 615-621.
- Gortner, E.M., & Pennebaker, J.W. (2003). The anatomy of a disaster: Media coverage and community-wide health effects of the Texas A&M Bonfire tragedy. *Journal of Social and Clinical Psychology*, 22, 580-603.
- Seagal, J. D., & Pennebaker, J.W. (2003). Non-Expression of emotion and self among members of socially stigmatized groups: Implications for physical and mental health. In A. Vingerhoets and I. Nyklicek (Eds.), *Biobehavioral Perspectives on Health and Disease Prevention*. Tilburg, The Netherlands: Tilburg University Press.
- Pennebaker, J.W. (2003). Telling stories: The health benefits of disclosure. In J. M. Wilce, Jr. (Ed.), *Social and cultural lives of immune systems* (pp. 19-34). London: Routledge.
- Hartley, J., Sotto E., & Pennebaker, J. W. (2003). Speaking versus typing: A case-study of the effects of using voice-recognition software on academic correspondence. *British Journal of Educational Technology*, 34, 5-16.
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- Pennebaker, J.W. (2003). Writing about emotional experiences as a therapeutic process. In P. Salovey, J.A. Rothman et al (Eds.), *Social psychology of health: Key readings in social psychology* (pp 362-368). New York, NY: Psychology Press.
- Deschamps, J.C., Paez, D., & Pennebaker, J.W. (2002). Mémoire collective et histoire à la fin du second millénaire. In S. Laurens and N. Roussiau (eds.) (2002). *La mémoire sociale: Identités et représentations sociales* (pp 245-258). Rennes, France: Presses Universitaires de Rennes.
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- Pennebaker, J.W. (2002). Solitary disclosure allows people to determine their own dose. *BMJ (British Medical Journal)*, 324, 544.
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- Henderson, B.N., Davison, K.P., Pennebaker, J.W., Gatchel, R.J., & Baum, A. (2002). Disease disclosure patterns among breast cancer patients. *Psychology & Health*, 17, 51-62.
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- Mehl, M.R., Pennebaker, J.W., Crow, D.M., Dabbs, J., & Price, J. (2001). The Electronically Activated Recorder (EAR): A Device for Sampling Naturalistic Daily Activities and Conversations. *Behavior Research Methods, Instruments, & Computers*, 33, 517-523.
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- Dembroski, T.M. & Pennebaker, J.W. (1975). Reactions to severity and nature of threat among children of dissimilar socioeconomic levels. *Journal of Personality and Social Psychology*, *31*, 338-342.

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- Burnam, M.A., Pennebaker, J.W. & Glass, D.C. (1975). Time consciousness, achievement striving and the Type A coronary-prone behavior pattern. *Journal of Abnormal Psychology*, 84, 76-79.

Grant and Journal Reviews

NIH Review Panel (special review panels)
 NSF proposals
 NIMH proposals
 National Institute of Dental Research (special review panel)

Science

New England Journal of Medicine
 Psychological Review
 Journal of Personality and Social Psychology**
 Journal of Consulting and Clinical Psychology
 Social Science and Medicine
 Journal of Applied Social Psychology
 Journal of Experimental Social Psychology
 Journal of Social and Clinical Psychology
 Personality and Social Psychology Bulletin
 Basic and Applied Social Psychology**
 American Journal of Family Therapy
 Behavior Therapy & Experimental Psychiatry
 Journal of Research in Personality
 British Journal of Social Psychology
 Journal of Nervous and Mental Disease
 Motivation and Emotion
 European Journal of Social Psychology
 Journal of Traumatic Stress
 Anxiety, Stress, and Coping
 Advances in Mind-Body Medicine*

*Consulting editor

**Former consulting editor

Australian Research Council
 Canadian Research Council
 New Zealand Research Council
 Medical Research Council (Great Britain)

Psychophysiology
 Journal of Social and Personal Relations
 Psychological Bulletin
 Child Development
 Journal of Abnormal Psychology
 Psychosomatic Medicine
 Health Psychology**
 Journal of Personality
 Journal of Behavioral Medicine
 Cognitive Research and Therapy
 Preventive Medicine
 Social Cognition
 Behavioral Medicine Abstracts**
 Journal of Applied Psychology
 Journal of Nonverbal Behavior
 Social Psychology Quarterly
 Biological Psychology
 European Journal of Personality
 American Psychologist
 Psychology and Health*
 Cognition and Emotion

Presentations and Invited Addresses

Conference Presentations

American Association for the Advancement of Sciences
 American Association for Marriage and Family Therapy
 American Psychological Association
 Association for Applied Psychophysiology and Biofeedback
 Biofeedback Society of New York
 Biofeedback Society of Texas
 British Health Psychology Association
 Capital Area Social Psychology Association
 Centers for Disease Control
 Eastern Psychological Association
 European Association of Experimental Social Psychology
 German Medical Psychology Society
 International Congress of Psychology
 Institute for the Study of Human Knowledge
 Maryland Biofeedback Association
 Metroplex Social Psychologists
 Mexican Association of Social Psychology
 Midwestern Psychological Association
 Nags Head Conferences
 National Institute for Occupational Safety and Health
 National Kidney Society
 Northern California Psychiatric Association
 Society for Experimental Social Psychology
 Society for Psychophysiological Research
 Society for Text and Discourse
 Southeastern Psychological Association
 Southern Society for Social Psychology
 Southwestern Psychological Association
 Social Psychologists in Texas
 Spanish Social Psychology Society
 Texas Historical Association
 Texas Marriage and Family Institute
 Western Psychological Association
 World Health Organization Conference on Pollutants
 and many others

Invited Colloquia

Department of Psychology, Dartmouth College, 1977
 Behavioral Sciences, University of Connecticut Health Sciences Center, 1977
 Department of Medical Psychology, Uniformed Services University for the Health Sciences, 1978
 Division of Psychology, Bowman-Gray Medical School, 1979
 Department of Internal Medicine, University of Virginia Medical School, 1980
 Department of Psychology, Johns Hopkins University, 1981
 Nutrition Division, Campbell's Soup, 1981
 Department of Psychology, North Carolina State University, 1981
 Legal Department, Dow Chemical, 1982
 Division of Psychophysiology, Gerontological Research Center, NIH, 1982
 Department of Psychology, Columbia University, 1982
 Department of Psychology, University of Illinois at Champaign-Urbana, 1982

Department of Psychology, Old Dominion University, 1982
Department of Psychology, Northeastern University, 1983
Department of Psychology, University of Texas at Arlington, 1983
Department of Psychology, University of Richmond, 1983
Department of Psychology, State University of New York at Stony Brook, 1983
Department of Psychology, Georgia State University, 1983
Department of Psychology, North Dakota State University, 1983
Department of Psychology, Arizona State University, 1983
Department of Psychology, Trinity University, 1984
School of Nursing, University of Kansas Medical School and Hospital, 1984
Honors Program, Trinity University, 1984
Department of Psychology, Case Western Reserve University, 1985
Department of Psychology, Pennsylvania State University, Delaware County, 1985
Department of Psychology, Swarthmore University, 1985
Department of Medical Psychology, University of Texas Health Sciences, 1985
Division of Chaplains' Services, New York Veterans Administration Hospitals, 1985
Department of Psychiatry and Behavioral Medicine, University of Virginia, 1986
Departments of Psychology and Health Behavioral Sciences, SUNY at Buffalo, 1986
Department of Psychology, University of Stockholm, Stockholm, Sweden, 1986
Department of Psychology, University of Tulsa, 1986
Department of Psychology, Health group, Yale University, 1986
Department of Psychology, Colorado State University, Colorado Springs, 1987
Department of Psychology, Memphis State University, 1987
Department of Psychology, University of Texas at Austin, 1987
Department of Psychology, Trinity University, 1987
Faculty of Psychology, University of Amsterdam, The Netherlands, 1987
MacArthur Foundation, Health Program, New Orleans, 1988
Department of Psychology, Stanford University, 1988
Department of Psychology, University of Washington, 1988
Department of Psychiatry, University of Missouri Medical School, 1988
Graduate School of Psychology, Fuller Theological Seminary, Pasadena, 1989
Grand Rounds, Brown Medical School (Rhode Island Hospital), Providence, RI, 1989
IPAR, University of California-Berkeley, 1989
Department of Psychology, University of California-Davis, 1989
California School for Professional Psychology, Alameda, CA, 1989
Research Division, Permanente Medical Group, Oakland, CA, 1989
Department of Psychology, Cornell University, 1989
Department of Psychology, University of Waterloo, 1989
Department of Psychology, University of Leuven, Belgium, 1989
Department of Psychology, University of Munich, West Germany, 1989
Behavioral Medicine Section, Katholieke Universiteit, The Netherlands, 1989
Experimental Psychology, University of Amsterdam, The Netherlands, 1989
Department of Psychology, University of Arkansas, 1990
Department of Psychology, Rice University, 1990
Department of Psychology, University of Pennsylvania, 1990
Behavioral Medicine, University of Massachusetts Medical Center, 1990
Department of Psychology, Harvard University, 1990
Behavioral Medicine Division, University of Ulm, West Germany, 1990
Department of Psychology, Phillips University, Marburg, West Germany, 1990
University Lecture, UCLA, 1990
Psychophysiology Training Group, Ohio State University, Columbus, Ohio, 1990
Department of Psychology, University of Western Ontario, 1990
Behavioral Medicine Group, Boston University Medical School, 1990
Department of Psychology, University of British Columbia, 1991
Department of Psychology, Stanford University, 1991
University Lecture, University of California at Davis, 1991

MacArthur Foundation, Health and Behavior Network, Cape Cod, 1991
 Department of Psychology, Basque University, San Sabastian, Spain, 1991
 Mind Science Foundation, San Antonio, 1991
 Department of Psychiatry, Timberlawn Hospital, Dallas, 1991
 Department of Psychology, University of Chicago, 1991
 Grand Rounds, Medical College of Ohio, Toledo, 1991
 National Institute for the Clinical Application of Behavioral Medicine, Orlando, 1991
 Counseling and Psychological Services, State University of New York, Oswego, 1992
 Department of Psychology, University of Alaska, 1992
 Canyon Ranch, Tucson, Arizona, 1992
 Department of Psychiatry, University of Graz Medical School, Graz, Austria, 1992
 Department of Psychology, University of Mainz, Germany, 1992
 Department of Psychology, Universidad Nacional Autonoma de Mexico, Mexico City, 1992
 Department of Psychology, Duke University, 1993
 Department of Psychology, Dalhousie University, Halifax, Nova Scotia, 1993
 Department of Psychiatry, Auckland University Medical School, Auckland, New Zealand, 1993
 Faculty of Psychology, University of Lovain, Louvain-La-Neuve, Belgium, 1993
 Laboratory of Social Psychology, L'Ecole des Hautes Etudes en Sciences Sociales, Paris, 1993
 Department of Psychology, University of Pennsylvania, Philadelphia, 1993
 Department of Psychology, University of Texas at El Paso, 1993
 Department of Psychology, Universidad Autonoma de Madrid, Spain, 1993
 Departments of Psychology and Psychiatry, Dartmouth University, 1994
 Department of Social Work, University of North Texas, 1994
 Department of Psychology, University of Cincinnati, 1994
 Department of Psychology, College of Charleston, 1994
 Department of Behavioral Science, University of Kentucky, 1994
 Department of Psychology, University of Georgia, 1994
 Department of Psychology, SUNY at Stony Brook, 1994
 Department of Psychology, University of Utrecht, The Netherlands, 1994
 Mary Walther Cancer Center, University of Indiana Medical School, 1994
 Department of Clinical Psychology, Universidad Nacional Autonoma de Mexico, Mexico City, 1994
 Coping Project, UC-San Francisco Medical School, 1994
 Department of Psychology, University of Kansas, 1994
 Department of Psychology, Wake Forest University, 1994
 Department of Psychology, Purdue University, 1994
 Department of Psychology, University of Arizona, 1994
 Department of Psychology, United States Air Force Academy, 1995
 Department of Psychology, Carnegie Mellon University, 1995
 Coping Project, UC-San Francisco Medical School, 1995
 Department of Psychiatry and Behavioural Sciences, Auckland Medical School, New Zealand, 1995
 Department of Psychology, Ohio State University, 1995
 Cancer Research Center and Department of Psychology, University of Hawaii, 1995
 Department of Psychology, University of New South Wales, Sydney, Australia, 1995
 Department of Psychology, Georgia State University, 1996
 Department of Psychology, University of Utah, 1996
 Hungarian National Academy of Sciences, Budapest, 1996
 Tilburg University, The Netherlands, 1996
 Behavioral Medicine Research Institute, SUNY at Stony Brook, 1996
 Department of Psychology, University of Texas at Austin, 1997
 Department of Psychology, Rutgers University, 1997
 Department of Psychiatry and Behavioural Sciences, Auckland Medical School, New Zealand, 1997
 Department of Psychology, University of Manchester, England, 1997
 Department of Psychology, University of Bari, Italy, 1997
 Department of Environmental Sciences, Karolinska Institute, Stockholm, Sweden, 1997
 Department of Psychology, University of Alabama-Birmingham, 1998
 Department of Psychology, Oklahoma State University, 1998

Psychology Department, University of Rome, Italy, 1998
 Psychology Department, University of Bergen, Norway, 1998
 Department of Psychology, University of Bari, Italy, 1998
 Department of Psychology, Loyola University, Chicago, 1998
 Department of Psychology, Miami University, Bowling Green, Ohio, 1998
 Department of Psychology, Williams College, Williamstown, MA, 1998
 Department of Psychology, Rice University, Houston, TX, 1998
 The Wellness House, Chicago, IL, 1998
 Department of Psychiatry and Behavioural Sciences, Auckland Medical School, New Zealand, 1999
 Institute for Behavioral Research, University of Georgia, 1999
 University of Tilburg, The Netherlands, 1999
 Department of Psychiatry, University of Arkansas Medical Center, 1999
 Department of Psychology, Doshisha University, Kyoto, Japan, 1999
 Department of Psychology, University of Amsterdam, The Netherlands, 1999
 CHESS, University of Wisconsin, 1999
 Department of Psychiatry and Behavioral Sciences, SUNY at Syracuse Medical Center, 1999
 Department of Psychology, The New School, New York City, 1999
 Department of Psychiatry, Mount Sinai Medical Center, New York City, 1999
 AIDS Research Center, UCLA, 1999
 Department of Psychiatry and Behavioural Sciences, Auckland Medical School, New Zealand, 2000
 Department of Linguistics, University of Texas, 2000
 Department of Psychology, Texas A&M, 2000
 UT Lecture Series, 2000
 Meredith College, Raleigh, NC, 2000
 Department of Health Science, Hahnemann Medical College, Philadelphia, 2000
 Department of Psychology, University of Brighton Medical School, Brighton, England, 2000.
 Department of Psychology, Basque University, San Sabastian, Spain, 2000.
 Department of Psychology, University of Massachusetts, Amherst, 2000.
 Italian Health Psychology Conference, Orvieto, Italy, 2000
 German Health Psychology, Jena, Germany, 2000
 Department of Psychology, University of Oregon, 2000
 Department of Psychology, Texas Tech University, 2000
 Department of Communications, University of Illinois, Champaign-Urbana, 2000
 National Institute for the Clinical Application of Behavioral Medicine, Hilton Head, NC 2000.
 Department of Psychiatry, Dukoff Visiting Lecturer, Memorial Sloan Kettering Hospital, New York City, 2001
 Department of Health Psychology, University of Auckland Medical School, Auckland, New Zealand, 2001
 Department of Medicine Grand Rounds, UT Health Sciences Center, San Antonio, 2001
 Department of Psychology, Northwestern University, Evanston, IL, 2001
 Department of Psychology, Harvard University, Cambridge, MA 2001
 Department of Epidemiology, Johns Hopkins Medical School, Baltimore, MD 2001
 Narrative and Illness Group, University of British Columbia, Vancouver, BC 2001
 Department of Psychiatry, Guys Hospital, University of London, England, 2001
 Cardiovascular Research Unit, Brighton Medical School, Brighton, England, 2001
 Department of Clinical Psychology, Lisbon School for the Social Sciences, Lisbon, Portugal, 2001
 Department of Psychiatry, University of Leiden, The Netherlands, 2001
 Mayo Clinic, Jacksonville, FL, 2001
 Department of Psychology, Saint Louis University, 2001
 College Convocation Speaker, Augustana College, 2001
 Positive Psychology Group, Akumal, Mexico, 2002
 Mind-Brain Institute, Harvard University, 2002
 Department of Psychology, Pan-American University, Edinburg, TX, 2002
 Brittingham Visiting Scholar, University of Wisconsin, 2002
 Department of Psychology, University of North Carolina, Chapel Hill, 2002
 Bioterrorism group, NATO, Brussels, Belgium, 2002
 Department of Psychiatry and Behavioral Sciences, University of South Florida Medical School, Tampa, 2002
 Scientia Lecturer, Rice University, Houston, TX 2002

The Cancer Wellness Center, Chicago, 2002
 Department of Psychology, University of Louvain, Lovain-la-Neuve, Belgium, 2002
 Department of Psychiatry Grand Rounds, M.D. Anderson Hospital, Houston, TX 2002
 Teachers of English and Rhetoric, Rocky Mountain National Park, CO, 2002
 Mexican Social Psychology Conference and Department of Psychology, Colima, Mexico 2002
 Department of Psychology and Psi Chi, St Edwards University, San Antonio, 2003
 Hope Fondation, Palo Alto, 2003
 Department of Psychology, Arizona State University, 2003
 Departments of Chemistry and Biology, UT San Antonio, 2003
 Department of Psychology, Georgia State University, 2003
 Department of Psychology, Vanderbilt University, 2003
 Department of Psychology, University of Tuebingen, Germany, 2003
 Department of Psychology, University of Ulm, Germany, 2003
 Department of Psychology, Fuller Theological Institute, 2003
 British Association of Behavior and Cognitive Therapy, York, UK, 2003
 Wisconsin Biofeedback Association, Green Lake, WI, 2003
 Australian Psychological Association, Perth, 2003
 School of Public Health, University of Texas at Houston, 2003
 Department of Psychology, Furman College, South Carolina 2003
 Anger Management Conference, Gotenberg, Sweden, 2003
 Daegu University, South Korea, 2004
 Pyungtang University, South Korea, 2004
 International Society of Health Psychology, South Korea, 2004
 Duke Medical School, Durham, NC, 2004
 School of Nursing, Vanderbilt, 2004
 Department of Psychology, UC-Irvine, 2004
 Department of Psychology, UC-Riverside, 2004
 Department of Psychiatry, Gronigen, The Netherlands, 2004
 PTSD Conference, New Orleans VA, 2004
 Quality of Life Conference, Boston, 2004
 Language and Social Psychology Keynote, Penn State, 2004
 Collective Memory Conference, Aix-en-Provence, France 2004
 American College Health Association Endowed Lecture, New Orleans, 2004
 Placebo Conference and Invited Address, Univ of Michigan, 2004
 Department of Psychology, University of Monterrey, Mexico, 2004
 Netherlands Health Psychology Keynote, 2004
 Wellness Colloquium, SMU, Dallas 2004
 University of Gronigen Medical School, The Netherlands 2004
 Society of Social and Personality Psychology, Austin 2004
 Spearman Conference, Educational Testing Service, Philadelphia 2004
 Technology and Social Behavior Institute, Northwestern University, 2004
 Grand Rounds, Scott and White Clinics, Temple, TX 2004
 University of Texas LAMP program, 2004
 Medical Decisions Institute, Johns Hopkins University, 2004
 Mexico Human Rights, Culiacan, Mexico, 2004
 Positive Psychology, Washington, DC 2004
 Society for Psychophysiological Research, Santa Fe, NM 2004
 National Institute for the Teaching of Psychology, St. Petersburg, FL 2005
 The Good Life Project, Vaxjo, Sweden 2005
 Department of Psychology, University of Lund, Sweden, 2005
 Society of Personality and Social Psychology, New Orleans, 2005
 Grand Rounds, Johns Hopkins Medical School, 2005
 Department of Psychology, Kent State University, Kent, Ohio 2005
 The Gallup Organization, Omaha, Nebraska 2005
 The Norway Trauma Center, Bergen, Norway 2005
 European Health Psychology (keynote), Galway, Ireland, 2005

E-health Symposium (keynote), National Institutes of Health, Bethesda, 2005
 Society for the Arts in Health Care (keynote), Edmonton, Alberta, 2005
 McGill Medical School, Montreal, 2005
 NSF Workshop (organizer), Language and Deception, Washington, 2005
 Department of Psychology, University of Pennsylvania, Philadelphia, 2005
 Society of Mathematical Psychology, University of Memphis, 2005
 University Lecture, University of Texas-Dallas, 2005
 Department of Psychology, University of Texas at El Paso, 2005
 U.S. Army Medical Research Group, Heidelberg, Germany, 2006
 Human Computer Interaction Institute, Carnegie Mellon University, Pittsburgh, 2006
 Department of Psychology, University of Central Lancashire, Preston, UK 2006
 Department of Psychology, Leeds University, UK, 2006
 Department of Developmental and Political Psychology, Cambridge University, UK 2006
 Collective Memory Group, Washington University, St. Louis, 2006
 Comparative Literature Consortium, Texas Tech University, Lubbock, TX 2006
 Empirical Study of Literature, Prien, Germany, 2006
 Warsaw School of Social Psychology, Warsaw, Poland 2006
 National Communications Association, San Antonio, TX 2006
 Department of Psychology, University of Michigan, 2007
 Human Development and Family Science, UT-Austin, 2007
 Council of Graduate Departments of Psychology, Long Beach, VA, 2007
 College of Nursing, UT-Austin, 2007
 Annenberg School of Communication, Univ of Pennsylvania, Philadelphia, 2007
 UT Forum Series on the Criminal Mind, UT-Austin, 2007
 International Health Psychology, Aitutaki, Cook Islands, 2007
 University Lecture, Washington & Lee University, 2007
 Department of Psychology, University of Central Lancashire, UK, 2007
 British Forensic Society, York, UK, 2007
 Department of Psychology, University of Surrey, UK, 2007
 Army Research Institute, Washington DC, 2007
 Baylor Medical School Post Doc Association, Houston, 2007
 Summer Institute for Social Psychology keynote, Austin, 2007
 Turkish-German Psychiatry Conference, Psychology Department, Bosphorus University, Istanbul, Turkey, 2007
 Department of Psychology, Tilburg University, Tilburg, The Netherlands, 2007
 Counter Intelligence Field Activity, Department of Defense, Washington, DC, 2007
 Writing and Wellness Conference, Atlanta, 2007
 Social Psychologists in Texas, Lubbock, TX 2008
 Department of Psychology, University of Minnesota, Minneapolis 2008
 Portuguese Health Psychology Society, Porto, Portugal, 2008
 Keynote, Southeastern Psychological Association, Charlotte, NC 2008
 Conference on College Composition, New Orleans, 2008
 School of Business, Columbia University, New York City, 2008
 Canadian Conference on Narrative, Toronto, 2008
 Trauma Conference, University of Bergen, Bergen, Norway, 2008
 Keynote, Writing and Healing Conference, Denver, CO 2008
 Vancouver Child Conference, University of British Columbia, Vancouver, 2008
 Bradac Memorial Lecture, School of Communications, University of California Santa Barbara, 2008
 Clinical Psychology Workshop, Università Cattolica del Sacro Cuore, Milan, Italy 2008
 Departments of Computer Science and Psychology, University of Texas at El Paso, 2008
 Department of Psychology, Our Lady of the Lake College, San Antonio 2009
 Department of Psychology, Washington University, St. Louis, 2009
 Department of Psychology, Duke University, 2009
 Department of Medical Psychology, Uniformed Services University for the Health Sciences, Bethesda 2009
 Keynote, Center for Advanced Study of Language (CASL), University of Maryland 2009
 Wagner Lecture, University of Central Lancashire, UK 2009
 Department of Psychology, University of Otago, New Zealand 2009

International Health Psychology, Fiji, 2009
Business School, University of Chicago, 2009
Rand Corporation, Santa Monica, CA 2009